



The Self Empowerment Center

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Marital Diagnostic Interview

Describe your marriage and what is your emotional involvement in the marriage at present?

Describe your childhood?

How would you define your parents' marriage?

Describe your significant relationships? (platonic as well as romantic)

Your life history prior to marriage:

Attraction:

What attracted you to your partner and why?

Are those qualities still important and reasonable for you?

How did you meet your partner and get married?

What aspects of your life experiences influenced your preference of a mate and has it changed since your marriage?

The Marriage Contract:

What issues did you discuss before marriage? What were your expectations in the marriage that you discussed with your partner?

What were your unspoken expectations of the marriage that you didn't see a need to discuss with your partner? You felt that they were already understood or implied.

Sexual History:

How would you describe your sex life?

Lust (sexual intercourse without love or sensuousness), emotional intimacy, satisfactory sex life or infrequent/absence of sex.

Marriage Analysis:

What are your chief complaints about the marriage? Have you noticed any patterns?

Please describe a recent interaction between you and your partner that is typical of the problems for which you have come to therapy?

Please describe a recent interaction between you and your partner that is typical of the positive features that are still part of your relationship.

What is your level of commitment to this relationship now?

If your marriage problems were over and a camera was following you, what would the camera see and hear? Describe in present tense (for example, we are taking walks together or we are eating family meals etc)

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Is there anything else about you or your marriage that I need to know about as your therapist?