



# The Self Empowerment Center

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## Client Feedback Form

Client:

Date:

What is my goal for today's session:

How was the experience of my last session, how did it affect me?

How have I been feeling since my last session?

What happened recently that my therapist needs to know about, and/or am I reluctant to share?

What efforts have I made towards Self Empowerment (homework)?

Are any medications causing positive or negative issues?